

Welburn Hall Weekly

Friday 7th September 2018

Welcome back to the new school year!

We hope you have had a lovely summer break.

Welburn Hall's Ryedale Show Entry 2018





3rd Prize winners for "A Meal in a Barrow"

Well done Folks you did us proud!



If you grew sunflowers over the summer holiday please send in the measurement of your tallest sunflower at the beginning of next week. Thank you to those of you who have already sent in photographs. Any further photographs or drawings of your sunflowers would be appreciated; these will be shared with everyone during an assembly when the winner is announced. We already have some tall entries – perhaps you have flowers that are even taller!

Cath McGill

Family Support Manager



Outdoor Fun Day, Howsham Mill, Malton Saturday Sept. 22nd 11.00 - 14.00







18th century watermill near Malton in North Yorkshire, on a small island in the river Derwent restored as an environmental education centre generating hydro-electric renewable energy.

We will be making dens, building a fire and making bows and arrows. (As the activities are outside the trip is weather permitting - check on Facebook www.facebook.co.uk/scarboroughfast on the morning of the event - we will post if it is cancelled.) For more information about the mill see www.howshammill.org.uk

There is no cafe or shop at the Mill so please bring drinks and a picnic lunch as they have an indoor and outdoor picnic area.

Follow directions from their website as entering the postcode into sat nav does not work. The Mill is a short walk away from the car park which is wheelchair and pushchair accessible but young children must be supervised at all times due to proximity of the river, and the bread baking involving an open fire.

There is no charge for this trip, but there are a limited number of places available so you will need to let us know if you are planning to come along, either by emailing events@scarboroughfast.co.uk or texting Natasha on 07985003540.

Week 2	Option 1	Option 2	Pudding
Monday	Chicken and Vegetable Pie with Sweet Potato, Peas & Carrots	Vegetable Curry with Rice, Peas & Carrots	Chocolate & Summer Berry Sponge & Custard
Tuesday	Pork and Apple Plait with New Potatoes, Gravy, Sweetcorn & Broccoli	Summer Vegetable Frittata with Beetroot salad, Sweetcorn & Broccoli	Strawberry Shortcake
Wednesday	Roast Beef, Yorkshire Puddings with Roast Potatoes, Medley of Vegetables & Green Beans	Ratatouille with Yorkshire Puddings, Medley of Vegetables & Green Beans	Tropical Coconut Squares & Custard
Thursday	Lamb Kofta in Pitta Bread with Mint Yoghurt Dressing, Broccoli, Carrot & Swede	Courgette and Tomato Pasta with Sunflower Seed Bread, Broccoli, Carrot & Swede	Fruit Fool
Friday	Battered Fish with Chips, Coleslaw & Peas	Potato, Leek & Spinach Bake, Coleslaw & Peas	Orange Brownie & Ice Cream

Please don't forget School Lunch costs are now £2.75 per day